

Inside Class Athlete Entry & Exit SOP

Disclaimer: Athletes are required to wear a mask at all times inside Blueprint Fitness.

CLASS ENTRY

Athletes enter the space starting 5 minutes prior to class start time. Until then, athletes will remain socially distanced outside.

Once inside, the athlete:

1. Applies **hand sanitizer** to hands.
2. Takes their own **temperature** (must be below 100 degrees to enter space).
3. Grabs a **cleaning towel**.
4. Walks to the individual **workout pod**.
5. **Signs-in** to class using Wodify phone app.

CLASS EXIT

Once workout is finished, the athlete:

1. Sprays **cleaning solution** on provided towel and wipes down used equipment.
2. Walks to the front desk and puts the used towel in the discard bin.
3. Applies **hand sanitizer** to hands.
4. **Exits** Blueprint Fitness.

WHAT IF AN ATHLETE IS LATE

If a reserved athlete is late to class:

1. Athlete self checks-in using the protocol above.
2. Athlete goes to open "workout pod"
3. Athlete DOES NOT disrupt the flow of class and has access to that space until class ends.